Spring 2014

Counselors Corner: A Newsletter of the Department of Counselor Education

Robert Dobmeier
The College at Brockport, rdobmeie@brockport.edu

Follow this and additional works at: http://digitalcommons.brockport.edu/edc_news

Part of the Counselor Education Commons

Repository Citation
http://digitalcommons.brockport.edu/edc_news/15

This Book is brought to you for free and open access by the Counselor Education at Digital Commons @Brockport. It has been accepted for inclusion in Counselor Education Newsletter by an authorized administrator of Digital Commons @Brockport. For more information, please contact kmyers@brockport.edu.
The College at Brockport’s Counselor Education program is well known for its experiential focus. Students participate as role-players, researchers, presenters, group-members, feedback-givers, colleagues, doers of advocacy, and much more.

Students consistently describe this program and specific courses as among the most rewarding and growth-fostering experiences of their lives. This program, our program, pushes students toward greater self-awareness and stronger counseling skills.

A tremendous team of counselor-educators make all of this possible. The heart, the vitality of our program begins with their passion and expertise. In my opinion, what really makes this program shine is their ability to share their knowledge in profoundly personal ways.

Kitty Fallon and Elaine Casquarelli are leaving the Counselor Education program—this Spring is the last semester they will teach here. I know that I reflect the sentiment of countless students in saying: Thank you, Elaine and Kitty, for your service and exemplary leadership here at Brockport. You each are a mentor and friend and inspiration to so many. Kyle

---

Attention Mental Health Counseling Students!

Beginning in fall 2014 students in the Mental Health Counseling emphasis will take EDC 617: Leadership and Advocacy in place of EDC 785: Counseling Supervision Theory. The new course will expose students to a range of leadership theories and practices that will prepare them to provide clinical and administrative leadership in mental health organizations. The course will also help students to develop advocacy skills for their clients and for the counseling profession. Watch for announcement of a meeting to discuss this course change and to revise student plans of study.
Chair’s Note

I have found myself procrastinating in the writing of this edition of my "Chair Notes." Every time I would sit down to write, I always seemed to be able to find something else to do, something else that needed my attention, something else that was "more important." Sound familiar? I suspect that my experience is not unique. It took some time, but after some soul searching I found the reason. I did not want to have to write the words "Good Bye." It strikes me that writing (or typing) these words seems to have permanence, and lastingness is frightening. In fact, we hear all the time that once we create a document, it lives forever, somewhere mirrored on some cloud server on our planet. That of course means that my "Good Bye" will always be there – a reminder that things have changed. So it is with a crack in my voice that I utter and type the words "Good Bye, Kitty and Elaine."

Kitty Fallon and Elaine Casquarelli have been colleagues, teachers, mentors, true collaborators, and friends on this journey we call counselor education. Their voices and real commitment to our students, and our vision of counselor education, have been so highly valued that I dare say they have both left an indelible mark on our programs. My personal gratitude for their contributions to all our students, the quality of the experiences students have, and our "family" of counselors cannot be measured. So, as I look back on our time together, I am reminded of a truth I always knew was part of what it meant to work with Kitty and Elaine: That which we have done is always carried into our possible futures. So, the impact of Kitty and Elaine’s presence will be felt for many years to come, as this influence lives within each of us. In fact, I certainly know that we all have much to look forward to in our future contacts and contexts with Kitty and Elaine. With these thoughts, I hope you will join me in wishing Kitty and Elaine only the very best as they journey to their future, carrying us each with them as we carry them with us. Buen viaje!

PS: Kitty, I also leave you with this disclosure: “I love Apple computers too!” Enjoy!

Assessment Committee Update

The Assessment Committee is comprised of a group of Counselor Education faculty who oversees the department’s assessment plan; analyzes data ranging from admissions through alumni employment; works with the entire faculty to determine our effectiveness and guide curricular change; and reports this process to current students, alumni, site supervisors, employers, administrators, and potential students.

Members of the 2013 – 2014 Assessment Committee include Kitty Fallon, Chair, Summer Reiner, and Thomas Hernández. The following are some of our recent projects.

Our department hallway will soon have a new decoration. Developed over two years, our Master Curriculum Map charts how each CACREP standard aligns with our courses. This tool can help you see what and where your
### Assessment Committee Update cont’d.

<table>
<thead>
<tr>
<th>Learning Opportunities</th>
<th>The Role of Counselor in Their Internship Sites</th>
</tr>
</thead>
<tbody>
<tr>
<td>During your graduate education.</td>
<td>In their internship sites, where they engage in meaningful work.</td>
</tr>
<tr>
<td>This Spring, we will conduct the research to generate the latest Assessment Committee Report.</td>
<td>CPCE: assesses the effectiveness of the department in preparing students through instruction across the eight CACREP core areas.</td>
</tr>
<tr>
<td>The latest report will be available online in fall 2014.</td>
<td>NCE: assesses the effectiveness of the department in preparing students to receive the NCC credential.</td>
</tr>
<tr>
<td>Completed most recently in Spring 2012, this report provides data from the following assessment measures for the 2012-2013 and 2013-2014 academic years:</td>
<td>Results from the 2012 study indicated our alumni have the necessary characteristics, knowledge, and skills to perform very effectively in the counseling field.</td>
</tr>
<tr>
<td>Admissions Study: Looks carefully at enrollment and application trends across the years</td>
<td>As a result of the data gathered from these assessments, the Department made changes in its program objectives and curriculum. The new program objectives are linked directly to CACREP Standards, thus allowing the faculty to better assess these and implement change into the curriculum.</td>
</tr>
<tr>
<td>Graduate Placement Employment Survey: Examines the degree to which students were able to find meaningful employment after graduation</td>
<td>Stay tuned for a report on the recently completed Mission and Program Objectives Survey. We are grateful to current students, site supervisors, faculty, and alumni who shared their perceptions and feedback.</td>
</tr>
<tr>
<td>Graduate Employer Follow-up Survey: Determines the degree to which both graduates and employers believe that graduates meet our program objectives</td>
<td>You will find the survey report and assessment reports on the soon-to-be-created Continuous Improvement webpage, to be linked off our home page, which will serve as a central resource for information generated by the assessment committee pertaining to our department’s efforts at ongoing reflection, program evaluation, and improvement.</td>
</tr>
<tr>
<td>Site-Supervisor Follow-up study: looks at the effectiveness of our students in their internship sites</td>
<td>We value your feedback on the strengths and growth areas you experience as a student, graduate, site supervisor, or employer. To provide a more convenient means to participate in our ongoing improvement efforts, we are utilizing online survey tools. We encourage you to share your voice and make a difference in helping our department thrive!</td>
</tr>
</tbody>
</table>

---

“Examine the degree to which students were able to find meaningful employment after graduation”

“We encourage you to share your voice and make a difference in helping our department thrive!”
Upon entering this program we were all told that we would change and become more self-aware. Little did I know how true this was. My journey through this program has been eye opening and life changing. While going through Self in Society I lost several members of my family due to suicide. As this happened I was forced to witness the consequences of stigmatization regarding mental health and mental health treatment. I both saw and experienced the pain that ensues when people refuse to talk about these issues. I began to realize how my life has been impacted by this approach and how it had limited me in the past.

As an undergraduate at Fredonia I had participated several times in the Out of the Darkness suicide and prevention awareness walk. The campus walks actually began at Fredonia and were adopted by the American Foundation for Suicide Prevention. The Foundation hosts walks across the nation in order to raise awareness of mental health issues and to raise funds toward research, advocacy, and programming within the community. Last year I decided Brockport would have one of these walks. I contacted the Foundation and the College’s Prevention and Outreach Services, signed as a sponsor, and have since recruited two co-chairs, Kayla Cercone and Teresa Campbell.

The event will take place on April 12, 2014 from 11:00-3:00 P.M. We will host the walk as well as have speakers, a representative from AFSP and myself. We will create a tree of remembrance for those we have lost as well as a tree with messages of hope. There will be pizza for sale and raffle baskets—any proceeds raised will go toward the Foundation. Most importantly though, our goal with this event is to challenge the stigmatization associated with suicide and mental health treatment and promote a culture where help seeking is the norm. I hope you all will join me in this endeavor. You can register at: http://afsp.donordrive.com/index.cfm?fuseaction=donorDrive.event&eventID=2557

In Japan 1,000 cranes represents hope and healing. So as a team—Counselor Education—we are making 1,000 origami cranes to hang in the mall. If anyone is interested in helping they can contact me at cflec1@u.brockport.edu

Out of the Darkness Walk - Cassie Fleck

Out of the Darkness Walk

April 12, 2014, from 11am—3pm

Brockport Campus

Help support this important cause—suicide prevention and awareness.

Don’t forget to join the “Counselor Education” Team for Brockport’s Out of the Darkness Walk! (see link above to register or visit campuswalks.com, find the Brockport walk, and join the team!)
Nu Beginnings - Michael Kalkbrenner

Nu Chapter of Chi Sigma Iota (CSI) is the Honor Society for counseling students, faculty, and alumni at The College at Brockport. Chi Sigma Iota is the International Honor Society for counselor education students, professional counselors, and professors. Nu Chapter has experienced significant growth over the last two years, as we inducted a record number of applicants in December 2013 and we currently have over 300 active members. When I first submitted my Nu Chapter application, I had no intention of getting involved with leadership. I decided to join Nu Chapter because I knew that membership would be a favorable asset on my resume. After my induction ceremony and attending only one event, however, I realized that Nu Chapter was a great way for me to connect with students, faculty, and alumni in the program. Two years later, I am very appreciative for the many opportunities that Nu Chapter membership has offered me. As Nu Chapter President, I am so grateful for the many leadership experiences that I have had and the relationships with other members that I have developed. My experiences with Nu Chapter and CSI have greatly contributed to my interpersonal and professional growth.

I would like to invite you to experience a Nu Chapter event for yourself. You do not have to be a member of Nu chapter to participate in events. Students meeting the criteria for acceptance, however, are encouraged to join. We have many professional and social events planned for the remainder of the Spring 2014 semester. Check your b-mail for information about the topics, times, and locations of upcoming Nu Chapter events. Additionally, check out the Facebook group to stay connected about events and news. Membership chairs, Cassandra Fleck or Lauren Giglia, are happy to discuss the membership requirements with any student. More information on CSI and Nu Chapter can be found at http://nu.csi-chapters.org/.

CSI Spring Webinar Series

March

The Role of Clinical Supervisors in the Formation of Professional Identity in Developing Counselors
Dr. Stephanie Burns & Daniel Cruikshanks
Wednesday, March 19, 2014
7:00 PM - 8:00 PM EST

April

Use of Adlerian Life Style Assessment and Early Recollections in Everyday Practice
Dr. James R. Bitter
Tuesday, April 8, 2014
2:00 PM - 3:00 PM EST

DSM-5: Assessments, Documentation, and Logistical Considerations
Dr. Casey Barrio Minton
Tuesday, April 15, 2014
2:00 PM - 3:00 PM EST

May

Starting a Private Practice
Dr. Cathy Woodyard
Friday, May 16, 2014
2:00 PM - 3:00 PM EST

Check out the Chi Sigma Iota website for more information: http://www.csi-net.org/?page=Webinars_Scheduled

Nu Chapter Spring Events

ACA Conference Hawaii
Hawaii Convention Center
March 26-30, 2014 8:00 am

Luau for Those Left Behind
Kitty and Elaine’s House
March 29, 2014 6:00 pm

Out of Darkness Walk
Brockport Campus
April 12, 2014 11:00 am

Board Game Night
Keturah Bosarge’s House
April 19th, 2014 7:00 pm

Nu Chapter Initiation & Department Graduation
Brockport Campus
May 16, 2014

Lessons Learned: Group Counseling
Brockport Metrocenter
Date TBA
Master's Thesis Topics

Theron Chinn
Absenteeism: How Effective is a High School Code of Conduct Policy at Decreasing Student Illegal Absences and Tardiness?

Kerry McMillan
Teacher Involvement with the Dignity for All Students Act

Kashima Morrison
Experiences of Students of Color in a Predominately White Urban School Environment

Kristin Dauenhauer
Maladaptive Behavior in College Students and Breaking Student Codes of Conduct

Natasja Rudge
Examining Student Satisfaction with the Student Services Center at the Damon City Campus at Monroe Community College

Peter Fox
Using Visualization to Reduce Stress in Mental Health Practitioners

Eric Goodwin
The Long-Term Effects of Homophobia-Related Trauma for LGB Men and Women

Maureen Harris
Effectiveness of Intensive Inpatient Treatment for Veterans with Co-Occurring Disorders

Abigail Heineman
The Effects of Cognitive Behavioral Therapy and Mindfulness on Depression, Posttraumatic Stress Disorder, and Substance Use Disorders in the Veteran Population

Amanda Knipfing
Investigating Perceived Needs and Barriers upon Release from a County Correctional Facility Between Two Age Groups

Danielle Powell
Do Parents’ Use of DBT Skills Change After a 12-Week Parent/Adolescent DBT Skills Group?

Work on the thesis projects begins in Implementation I and is completed by the end of Implementation II.

Students in Implementation II present at the regional College at Brockport Graduate Research Conference on April 26th. You are welcome to attend!

EDC 606 Action Research Topics

CAEP Standard 1 Student Learning Outcomes for the Professional Education Unit of The College at Brockport, SUNY
Jillian Malley, Sarah Moore, Elizabeth Fleche, and Raymond Manioci

Student Satisfaction with the LAUNCH Peer Mentoring Program
Kelsey James, Kayla Cercone, Stephanie Specht, and Elyse Kusse

Assessment of Content Knowledge of Students Enrolled in the Professional Education Unit at the College at Brockport, State University of New York
Katheryn LaPorta, Kathryn Gardener, and Joe Feeney

The Effectiveness of Diversity Initiatives at SUNY Brockport, Including Student Perceptions and Campus Climate
Kara Hiltz, Amanda Crowley, and Marquia Westbrook

The Relationship between Academic Advisement and Student Engagement
Nathaniel Van Hall, Genesis Fillmore, and Latrina Green

Students in EDC 606 will present their research at the College at Brockport’s Graduate Research Conference—April 26th 2014.
Upcoming Conferences and Counselor Education Events

March 29, 2014 — 6:00 pm
Luau for Those Left Behind (not going to ACA Conference in Hawaii)
Keturah Bosarge’s House

March 26-30, 2014
American Counseling Association (ACA) Annual Conference and Expo
Hawaii Convention Center
Honolulu, HI

April 12, 2014 — 11:00 am
Out of Darkness Walk
Brockport Campus

April 11-13, 2014
New York Mental Health Counselors Association (NYMHCA)
The Art of Counseling: Integrating Creativity into Your Counseling Career
Albany Marriott
Albany, NY

April 19, 2014 — 7:00 pm
Board Game Night
Keturah Bosarge’s House

April 26th, 2014
Master’s Level Graduate Research Conference
Brockport Main Campus

May 4, 2014 — 9:00 am
Walk MS
“Walk to connect people living with multiple sclerosis and those who care about them” (for more info: http://tinyurl.com/npw977l)
Support Dr. Kitty Fallon and friends by joining Team Kitty for this walk!
Genesee Valley Park
133 Elmwood Ave,
Rochester, NY

May 16, 2014
Nu Chapter Initiation & Department Graduation
Brockport Main Campus

April 10-13, 2014
American Mental Health Counselors Association Annual Conference
Renaissance Seattle Hotel
Seattle, Washington

July 24-25, 2014
Association for Adult Development and Aging (AADA) Summer Conference
On the Hill and At Home: Counselor Advocacy Everywhere
Hyatt Arlington
Washington, D.C.

October 1-4, 2014
American College Counseling Association (NYSCCA) Annual Conference dates coming soon

Lessons Learned: Group Counseling
Brockport Metrocenter
Date TBA

AADA 2014 Summer Conference

The Association for Adult Development and Aging (AADA) is hosting its Summer conference — "On the Hill and At Home: Counselor Advocacy Everywhere" — on July 24-25, 2014. at the Hyatt Arlington in Washington, D.C.

In class we have learned a lot about advocating for clients and the counseling profession. On July 24th participants interested in joining forces with AADA members will be trained (by ACA) to meet with offices of Senators and House Members to advocate for Medicare reimbursement and other relevant issues. AADA’s scope covers all adults, throughout the lifespan.

Dr. Bob Dobmeier is president elect of AADA and planning this conference.

Students are welcome to attend and special registration rates are available. For more information go to register for summer conference at http://www.aadaweb.org/
Faculty Profile: Dr. Thomas Hernandez

Thomas Hernández has been serving as Co-chair of the Campus Climate Task Force since November 2012. A report on this study will be presented to the campus community in April, 2014. Currently, Dr. Hernández is serving as Interim Dean of the School of Education & Human Services here at the College at Brockport while continuing to serve as Chair of the Department. Dr. Hernández returns full-time to the department as Chair on July 1, 2014.

Faculty Profile: Dr. Patricia Goodspeed

Dr. Goodspeed has been working diligently as the Associate Department Chair during the fall and spring semesters. In this role her time has been taken up with inquiries from applicants, faculty consultation, course scheduling, planning department events, attending a host of school and college meetings, etc. Give Pat a big hug when you see her for doing work behind the scenes that keeps things running.

Faculty Profile: Ms. Elaine Casquarelli

I am currently working on my doctoral dissertation, entitled Counseling Faith: The Processes Experienced by Counselors as They Work with Clients who Ascribe to Different Religious or Spiritual Worldviews. In addition to this exciting research project, I have prepared and presented presentations for national conferences. I was fortunate enough to partner with Drs. Kathleen Fallon, Kevin Tate, and Karen Mackie to present a session entitled Working with Religious and Spiritual Countertransference in counseling: Cultivating Counselor Self-Awareness, at last year’s ACA conference. Currently, we are writing an article on the topic for Counseling Today. Additionally, I presented two sessions at the ACES conference in Denver, CO in October 2013. I facilitated a roundtable on Unity in Diversity: Addressing Religious or Spiritual Issues in Clinical Supervision; and led an educational session on writing cover letters entitled, Narrating Your Professional Story: Using Narrative Strategies in the Academic Job Search Process. Finally, I was recently interviewed by The Christian Century about a previous article I wrote with Dr. Kathleen Fallon on pre-marital education programs for LGB couples. The Christian Century is a publication that has been in existence for 125 years and whose main readership includes clergy from mainline to liberal Christian churches.

Faculty Profile: Dr. Robert Dobmeier

Bob and Summer had an article, Counselor Preparation and the ASERVIC Competencies: An Exploratory Study, accepted for publication in Counseling and Values. Along with Mike Morde and assisted by Robyn Broomfield he will present, Mental Health of Adults Who Are Inmates: Counseling Interventions, at the ACA Conference later in March. Bob, Tom Hernandez, and Steve Kassirer will do a workshop at the NYMHCA Conference entitled Scope of Practice Impact on Employability in New York State: Counselor and Director Views. As president-elect of the Association for Adult Development and Aging (AADA) Bob is organizing a summer conference in Washington, DC, “On the Hill and at Home: Counselor Advocacy Everywhere.” Attendees will go to the Hill to advocate for Medicare reimbursement and employment of professional counselors at the VA and will participate in workshops on counseling and advocacy for at-risk adult populations.
Faculty Profile: Dr. Summer Reiner

Dr. Summer Reiner has been invited to engage in a series of exciting professional opportunities. Over the past several months, Dr. Reiner has been serving on the planning team for the New York State Education Department’s (NYSED) School Counseling Summit. The purpose of the Summit is to provide a select group of school counselors and other educators with an opportunity to provide recommendations to NYSED senior management on ways that school counselors across P-20 can provide interconnected leadership in the preparation of students who are college and career ready and successful. In addition to serving as a planning team member, she was selected to serve as an expert panelist on Administrative and Community Support: How policies, regulations and initiatives support school counseling across the P-16 continuum in providing students opportunities and pathways to college and career readiness. The Summit is scheduled for April 6 and 7 in Albany. In a related matter, Dr. Reiner was one of 7 Counselor Educators asked to serve on the NYSED’s School Counseling Advisory Council (SCAC). The SCAC was charged with providing recommendations to the Commissioner on school counseling related regulations, specifically: certification, role responsibilities, comprehensive school counseling programming, and Annual Professional Performance Review (APPR). On a national level, Dr. Reiner was invited to present at a special session at the 2014 American Counseling Association Annual Conference in Hawaii. The special session is an exciting new format known as “Ignite!”. Other invited Ignite! presenters include: Lynn Linde (ACA President: 2009 – 2010), Chris Moll (Past ACA Governing Council Representative), Colleen Logan (ACA President: 2008 – 2009), Kent Butler (Past President of Association for Multicultural Counseling and Development), Perry Francis (ACA Governing Council Representative), and Cortland Lee (ACA President: 1997 – 1998). In addition to the Ignite! presentation, she will be presenting a poster session with Dr. James Tobin (Education Administration- College at Brockport). She also currently serves as the ACA North Atlantic Region Chair (ACA-NAR). Her ACA-NAR role, during the conference, includes attending the First Timers Reception, Branch Development Committee Meeting, Region Chair Meeting, Branch Executives Meeting, North Atlantic Region Meeting, National Awards, and various receptions. Finally, Dr. Reiner had two articles accepted for publication. One article was co-authored with Dr. Dobmeier and will appear in ASERVIC’s journal. The other article was co-authored with Dr. Hernandez and Dr. Tobin and will appear in NARACES’ journal.

Faculty Profile: Dr. Susan Seem

I am going to the ACA Conference in HI. I hope to get some SUN and WARMTH after this long, cold snowy winter. I am looking forward to being back in the department and teaching fall 2014. I will be teaching a section of Integration and Counseling Concepts. Also, I will be working on our CACREP Self-Study. Our programs are up for reaccreditation in 2016.

Faculty Profile: Dr. Kathleen Fallon

The spring semester is a transition time. In addition to teaching and supervision, I continue in my service roles. As clinical coordinator, I am preparing resources for students and site supervisors as well as helping expand our online assessment system. For example, EDC 721 and EDC 735 instructors are now able to track recorded sessions online. Site supervisors are now able to verify online activity logs on a weekly basis. This spring, I hope to create a webpage for students and site supervisors containing resources to help in clinical experiences. Along with each faculty member, I am working to help prepare the self-study for the next CACREP reaccreditation visit. I am transitioning and preparing to share my teaching and service roles with those who will assume these commitments as well as prepare for my new role as business owner and life coach. Finally, a manuscript based on a Delphi study on which I collaborated with Elaine Casquarelli and two other colleagues is in final revisions following editors’ reviews.
Student Spotlight, College track: Amy Cook

**Emphasis:** College

**What brought you to the field of counseling?** I have always felt the need and desire to do something in the helping profession. I am grateful for the opportunities I have been blessed with because I utilized counseling services at one point or another throughout my life. My specific areas of interest in career counseling or academic advisement come from a previous job I held in the staffing industry. I found this to be extremely fulfilling. When I made the decision to return to school for my Masters degree at the age of 30, it was quite overwhelming. One of the advisors in the Graduate School was extremely helpful, put me at ease, and gave me the confidence I needed to move forward with the Counselor Education program, in order to find a job and career that I truly loved. It was at that point that my decision to pursue a career in the helping professions was solidified. I would love to ultimately work in a college setting so that I might have the opportunity to help students who are in the same position I was.

**Specific areas of interest?** Career counseling and preparation, job placement coordination, and/or academic advising in a college setting.

**What do you plan to do after you graduate?** I am hopeful to find a position within a college campus that focuses on career counseling and job placement. I would love the opportunity to work with students; to identify and help them utilize their strengths, and guide them in the direction of their chosen career path.

**What do you enjoy doing in your spare time?** I like staying active by working out. I also enjoy spending time with my husband, trying new restaurants, and seeing friends. We are definitely not opposed to a relaxing night at home with a Red Box movie!

**Anything personal about you that makes you who you are?** There are three things in life that I have a weakness for: musical theater, reality TV, and 90’s boy bands.

---

Student Spotlight: Mike Morde

**Emphasis:** Definitely mental health.

**Estimated graduation year and semester:** December 2016

**What brought you to the field of counseling?** Therapy! I had a secret love of seeing my therapists for a decade before it hit me—via some assistance with a counselor—that I could turn my secret into a career at Brockport. That happened in July of 2011 and I haven’t looked back since.

**Specific areas of interest?** Professional issues, LGBTQ issues, Group Work, substance abuse, depression, and corrections populations.

**What do you plan to do after you graduate?** I’d really like to be an adjunct and teach some undergrad classes, like “Intro to Counseling.” If that goes well, I’ll consider pursuing an EdD or PhD. I’d also like to work in a community clinic for a few years and eventually join or start a group practice. However, if the state of New York still won’t allow LMHCs to officially “diagnose” clients by that point, I’ll move to another state that is more counselor-friendly. Oh, and I’m also going to marry my beautiful girlfriend Annie. She’s the greatest. And then buy a puppy.

**What do you enjoy doing in your spare time?** I’m a student of classical guitar and also play far more iPad games than I care to admit. I also really enjoy being active in the counseling community outside of school, hanging out with friends, and ignoring my emails.

**Anything personal about you that makes you who you are?** Being trustworthy and honest is really important to me. I don’t care much for rumor mills and grapevines so I’m careful when I’m around them. Also, “Self” class and Privilege, Power, and Difference really raised my awareness about making judgments and assumptions about groups of people. In some form or fashion, I work on those things almost every single day. I’m really grateful for this program. You guys changed my life. Thank you.
Bridge and CAS Programs

There are several new programs available to students who are seeking to further their clinical and practical knowledge/expertise. The Online/Hybrid Certificate of Advanced Study (CAS) in School Counseling helps the student to develop diagnostic and family systems consultation skills. The CAS in School Counselor Supervision helps practicing counselors to learn supervision skills. Both CAS programs allow the knowledge and experience required to apply for permanent certification in school counseling in New York State and consist of 12 credit hours. A School Counseling Bridge Program is also available. The Mental Health Counseling Bridge Program offers practicing counselors to develop the knowledge and experience necessary to apply for licensure in the State of New York. It consists of 12-15 credit hours in counseling in mental health settings, diagnosis, and internship.

The College Counseling Bridge Program focuses on assisting practicing counselors to develop the knowledge and experience to practice college and student affairs counseling and requires 12 credit hours. Talk to your advisor for more information.

Student Spotlight, School track: Keturah Bosarge

Emphasis: School Counseling

Estimated graduation year and semester: May 2015

What brought you to the field of counseling? It’s funny you ask… When I was a kid, my Mom became a mental health counselor and it fits her perfectly; she’s wonderful at it. However, because my Mom is a counselor, I remember thinking that I wanted to be something totally different. I got an Associate’s degree in Liberal Arts & Sciences from Finger Lakes Community College and moved onto Alfred University with a major in Psychology, all while still feeling confused about what I wanted to do after graduating. As I learned more about psychology, counseling, and other helping fields I began to realize that counseling kept standing out to me; school counseling especially. I was attracted to the idea of helping students find their passion and learn about themselves as well as the world around them. I want to help students understand themselves and to be critical thinkers. I’m excited about all the opportunities I will have to help students.

Specific areas of interest? I am not sure what area of school I’d like to work in yet, but I’m thinking it’ll be high school or middle school. I am currently interested in learning more about motivational interviewing and I’d like to attend some training for it, if possible. I am also interested in learning how to incorporate music, art, dance, etc. into counseling because I am attracted to creative forms of expression. I think as I gain more experience I will learn more about my specific interests.

What do you plan to do after you graduate? After I graduate, I plan to get hired and work as a school counselor.

What do you enjoy doing in your spare time? In my spare time, I like to crochet, play video games, read, watch way too much Netflix, hike, and dance. I really enjoy laughing so much. I think that’s when I’m happiest. Also, I love to spend time with my boyfriend, Vincent, and our two cats, Emory and Lovey. Being home with them is the most comforting place; I’m very much a homebody.

Anything personal about you that makes you who you are! I feel so grateful to have met and to still be meeting so many wonderful people in this program. I believe that the support everyone has given me has helped me become more true to myself. I try really hard every day to choose happiness and I hope I can help others choose happiness, too.

CASAC-T

By taking HLS 509: Introduction to Alcohol and Drugs and 545: Psychopharmacology you can pursue credentialing as a NYS Credentialled Alcohol and Substance Abuse Counselor.

For more information go to: http://www.brockport.edu/edc/masterprograms/CASAC%20T.html

Or:

Talk to your advisor

The CASAC-T expands your job opportunities by preparing the counselor for work with substance abuse concerns.
### Preparing to Integrate?

- Before enrolling in EDC 720, Integration and Application of Basic Concepts, all students must complete the Child Abuse Reporting training. Once you have completed the training, be sure to print out your certificate of attendance and submit it to the Department. The NYS Mandated Reporter Training is now available at [http://nysmandatedreporter.org/](http://nysmandatedreporter.org/).
- Schools Against Violence in Education (SAVE) training will be provided in EDC 619 Counseling in School Settings. This training is required for students in the School Counseling emphasis.
- Students need to have documentation of completing 6 counseling sessions
- Students must now apply for Integration during the semester prior to taking EDC 720. Faculty review the application and notify students of their decisions during a mandatory meeting.

### Students in Integration

- **Keturah Bosarge**  
  - **Which emphasis?** Community mental health counselor
  - **Where are you currently employed?** I am in private practice at 45 Allen’s Creek Road, Rochester, NY 14534. Prior to expanding my practice I spent 7 years at St. Joseph’s Villa developing and implementing a residential treatment program for adolescents with eating disorders. We offered individual, group and family work for the adolescents and their families, utilizing evidence-based treatments.

- **Dianne Maerz**  
  - **Which emphasis?**
  - **Where are you currently employed?**

- **Anna Marianetti**  
  - **Which emphasis?**
  - **Where are you currently employed?**

- **Jacquelyn Martin**  
  - **Which emphasis?**
  - **Where are you currently employed?**

- **Christina Martinez**  
  - **Which emphasis?**
  - **Where are you currently employed?**

### Alumnus Profile - Helena Boersma

- **Year you graduated:** 2008
- **Which emphasis?** Community mental health counselor
- **Where are you currently employed?** In Fairport; Moon Shadow’s Spirit, a foundation in memory of Jennifer Mathiason, which offers financial scholarships to individuals in need of treatment; and the Western NY Comprehensive Care Centers for Eating Disorders, offering ongoing support for individuals working towards recovery and community-based education programs.

  How did Brockport (Counselor Ed program) prepare you for your work at this site? The counselor ed program prepped me by ensuring I had a well-rounded understanding of counseling and how it looked in practice. The professors were amazing and always encouraged me to ask more of myself in theory and practice, and to not run away from the fear of learning more about myself, which wasn’t always pretty.

  Any words of wisdom or a quote that inspires you? *Make sure unconditional positive regard is at the core of your work.*

  Is there anything you would recommend to current students? *My recommendation would be to use this time to learn more about yourself, your nuances, your values and beliefs, and your fears. Don’t leave anything on the table to figure out later, because later seems to be taken up with life events. Enjoy the process of developing your emotional integrity and how you will model it for your future clients.*
Theron Chinn—Newark High School

Todd Costanza—Hilton High School

Cassandra Fleck—Greece Arcadia High School

Jessica Hess—Palmyra-Macedon High School

Cassie Mauro—Bay Trail Middle School

Tausha Hill—Monroe Community College - Educational Opportunity Program

Megan Coffey—Canandaigua VA Medical Center

Robyn Broomfield—Unity Health Systems - Healthy Start

Ashlee Bulluck—Villa of Hope - Residential Treatment Facility

Priscilla Cortes—Canandaigua VA Medical Center

Lauren Giglia—Strong Recovery MICA/Methadone

Crystal Hanna—Unity Behavioral Health - Pinewild

Denise Hyland—Alternatives for Battered Women - Transitional Support Services

Nicole Kramell—Villa of Hope - LIFE House Resident Treatment Facility

Kristin Morgan—Unity Health Systems - Healthy Start

Implementation II Internship Site Placements

Theron Chinn—Newark High School

Kristen Dauenhauer—Residential Life/Learning Communities, The College at Brockport, SUNY

Peter Fox—Unity Behavioral Health - Evelyn Brandon

Eric Goodwin—Unity Behavioral Health-Pinewild

Maureen Harris—Canandaigua VA Medical Center

Abigail Heineman—Canandaigua VA Medical Center

Amanda Knipfing—Monroe Correctional Facility

Kerry McMillan—East Rochester Junior/Senior High School

Kashima Morrison—Batavia High School

Danielle Powell—Strong Child & Adolescent Outpatient

Natasja Rudge—Monroe Community College, Damon City Campus

Implementation I & II, Bridge-Program Students:

John Brewer—Unity Health System - Unity Chemical Dependency - Adolescent Community Residence

Heather Webster—SUNY Geneseo

Joseph Gullo—Villa of Hope

Alumnus Profile - Steve Kassirer

Year you graduated: 2013

Which emphasis? Mental Health

Where are you currently employed? I am currently a doctoral student in the Department of Counseling and Human Services at Syracuse University. I am currently conducting research into HIV positive gay men over the course of HIV: from its discovery, through the pandemic, through initial disappointing treatment modalities, through improved treatment, to ultimately a chronic, manageable illness. My current research focuses on individual and group counseling efficacy through each stage of the illness.

How did Brockport (Counselor Ed program) prepare you for your work? Brockport provided me with the necessary educational and interpersonal skills necessary to be a successful doctoral student. Perhaps what was most beneficial was the unwavering support of the faculty. They were always willing to support my ideas for getting involved in the department and the counseling profession. I was afforded several opportunities to present at the regional and national levels, and helped lead a research team, out of which grew an article published in the Journal of Mental Health Counseling. Without these opportunities and the support of the entire faculty, it is unlikely that I would have been inspired to become a counselor educator.

Any words of wisdom or a quote that inspires you? Never ever ever ever give up...on yourself, or anyone else.

Is there anything you would recommend to current students? Get involved! Get to know the faculty! Make yourself available to become part of a research team or team of presenters. Join professional organizations. Advocate for yourself, your clients, and our profession.
Thank you to all of the students and faculty members who have contributed to this issue! And to all of the students, faculty, and staff of this program—there is a lot of care, love, and passion here...more than can be captured in these short pages. Thank you.

Nyah:weh.
Kyle Coulon and Bob Dobmeier
Co-Editors

Some Quotes that help me in times of stress and distress - Kyle Coulon

“We must have a pie. Stress cannot exist in the presence of a pie.”
— David Mamet

“In times of stress, the best thing we can do for each other is to listen with our ears and our hearts and to be assured that our questions are just as important as our answers.”
— Fred Rogers (yes, Mr. Rodgers)

“You say the little efforts that I make will do no good...But I am prejudiced...in favor of my right to choose which side shall feel the stubborn ounces of my weight”
— Bonaro W. Overstreet

“A fire burns within us and has so since the beginning of time. We must continue to strengthen it and keep it bright for generations to come.”
— Warren Skye, Sr.

Have questions about the newsletter? Suggestions? Pictures you’d like to share?
If so, email edcga@gmail.com!

http://www.pinterest.com/tmscounselor/

A personal note to Dr. Kathleen “Kitty” Fallon - Lauren Giglia

Dear Kitty,

I can still remember my very first day of Self (2 ½ years ago!) when we first met and you created a comfortable and warm space for the beginning of my journey in the Counselor Ed program. Going all the way back to that time, I recall so many moments that I am forever grateful for. Here, I will do my best to thank you for all that you’ve done.

You helped me through my journey with understanding spirituality and my core self, first and foremost. You allowed me to question others and guided my critical thinking about the subject. Thank you for all of the countless conversations regarding values that in turn began the foundation of my first publication. If it weren’t for you asking me to join the project I may not have gained the confidence I now have in academic writing and presenting. Thank you for seeing more in me than I saw in myself.

When I came to you regarding personal struggles you were always there for me. At a time in my life when I thought I could no longer focus on my education you supported me. Thank you for offering me your library when I literally lost everything. Your words of encouragement are still with me to this day.

You have been an excellent role model to me; not only as a counselor but as a human being. Your kindness radiates and inspires me to be just as kind to others. That is what I will take away most from our friendship. I have cherished many moments with you and hope to have more down the road, no matter where we may be. I know my Gram will continue to challenge you in walking!!

Take care,
Lauren Giglia