

2015

## The Achiever September 2015

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# The Achiever

THE ARTHUR O. EVE OPPORTUNITY  
FOR HIGHER EDUCATION PROGRAM

## FROM THE DIRECTOR:

Welcome

Hi Folks. Glad to welcome all of you. To our new freshmen, it seems like we just saw each other during summer program. To our continuing/returning students, it's like you just left. To those of you who are new transfers we are glad to have all of you as part of the EOP family. Finally, but more assuredly not the least welcome to those of you who are re-admits, I'm so glad to have you return to finish what you started. You are the largest group of re-admits we have had and that's a wonderful thing.

I want to tell all of you how excited I am about this year. First, we are expanding our program during the next two years. This fall we have added new staff. There is Ms. DaNeille Kruger, Senior Counselor, along with Ms. Amber McAninch and Markus Coward, our new Graduate Counselors. And last but not least, we have a new Assistant Director/Counselor, Ms. Sandra Vazquez. They will tell you about themselves later in this newsletter.

Let me say clearly this is the beginning of a new day for the EOP Family. Good grades, clear career goals, getting everyone engaged in the program and the College, more EOP students with a GPA at 3.0 or better, and then finally well you know, Graduation! So let's get with it. Yes have fun, but make good decisions. Have fun but take care of BUSINESS.



The College at Brockport  
Division of  
Enrollment Management  
and Student Affairs



September 2015

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**The Achiever**



**Welcome  
Freshmen!  
EOP Summer  
Program 2015!**



## Welcome back from your EOP family!!!

The start of the new year is always an exciting busy time. As you know your financial aid package and your student bill are of vital importance to you. You always want to stay completely aware of all details of both, as well as staying on task on time with all of your process obligations. You must make sure that you have signed your promissory notes, accepted your financial aid, affirmed your enrollment, and provided all other requested documentation.

Delaying the process can result in changes to your financial aid package and incurring late charges. Sometimes new obligations arise as you work your way through the process. You must check with your counselor on a regular basis to make sure you understand your financial aid. Your student bill is another ongoing process. It is important that you understand all components of your bill. Do you have the correct meal plan for example? Do you have to pay anything, and how much? Is your refund correct? Always remember that any charges you incur can impact any anticipated credit balance disbursements (refund) and/or personal liability for the charges. For those of you getting a refund, make sure you talk with your counselor about the refund and make sure it is accurate. Do you really need the whole thing? Should you use some/all of it to pay down your loans?

Please talk with your counselor if you are contemplating obtaining a part time job. There are serious pros/cons to this decision. Always remember that your academic success is of the utmost importance.

Make sure your personal budgeting skills are finely honed. Always look at need vs. desires when it comes to spending your funds. Always remember that there are financial consequences to your actions.

\*\*\*\*\*NEW\*\*\*\*\*

### EOP's Peer Assisted Learning (PAL) Program

(Starting Tuesday, September 8)

**When:** Tuesdays and Thursdays  
8:30pm – 10:30 pm

(Starting Tuesday, September 8)

**Where:** Drake Memorial Library  
(Keifer Room)

**What subjects/courses:** PSH 110,  
Various Math courses, BIO 111, CHM  
205 and pre-requisite nursing courses

**EOP's Peer Assisted Learning (PAL) Program offers students another opportunity to practice their learning. We offer guided study groups for specific classes. The groups are facilitated by peer fellows, a student who, like our peer tutors, has earned a superlative grade in the class and is recommended by the professor.**

**Students attending can expect the peer fellow to support them through the material they want to practice, helping them not just understand challenging content, but also realize that they have been learning better skills as they practice.**

**Any student enrolled in the specific class may attend the study group. You'll find that this opportunity is not just for students having trouble. Successful students use this**



For more information please contact Debra Joseph-McEwen, EOP Academic Coordinator at [djosephm@brockport.edu](mailto:djosephm@brockport.edu) or 395-5411.

# EOP Nursing Support Group The Achiever

Initial Meeting: Friday, September 11, 2015  
3:30PM—4:30PM

Location: Lathrop, Foundations Lab Room 206  
Meeting Schedule (same location and time)



9/11 & 9/25    10/09 & 10/23    11/13 & 12/11

The EOP Nursing Support Group is designed to provide nursing interns and current students of the Nursing Program an opportunity to meet and build new relationships, meet some of the faculty of the Nursing Program, acquire and discuss information regarding the Nursing Program, discuss various careers in nursing and to share their experiences regarding issues in the field of nursing. Attendance is **MANDATORY**. Refreshments will be provided.

For more information please contact Debra Joseph-McEwen, Academic Coordinator for EOP at (585) 395-5411 or [djosephm@brockport.edu](mailto:djosephm@brockport.edu)

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## EOP's One-On-One Peer Tutoring Program



**EOP students - need a little help reviewing for a class, deepening your understanding of specific course content and/or improving your study strategies and increasing your chances of academic success and obtaining a healthy GPA?**

**EOP's One-On-One Peer Tutoring Program provides individualized academic support to students in their specific course content areas of study to assist in further expanding their understanding of the various processes, concepts and principles of the course material; as well as offer opportunity for students to practice their learning. The peer tutors are fellow students, who have earned a superlative grade in the specific course of study and who are recommended by the professor.**

**Students in their one-on-one session(s) can expect the peer tutor to support them in addressing the particular academic needs specific to their course(s) of concern (i.e. assistance in understanding how to work through solving problems, reviewing, test preparation, explanation of concepts, etc.).**

**To acquire this support service, see your counselor, complete a 'Tutoring Request Contract Form' and submit it in person to Debra Joseph-McEwen, EOP Academic Coordinator, Copper Hall, Rm C25A.**

For more information please contact Debra Joseph-McEwen, EOP Academic Coordinator at [djosephm@brockport.edu](mailto:djosephm@brockport.edu) or 585-395-5411.

## **Looking for answers to your questions regarding XAE? Look no further....here are your answers!!!**

### **What is XAE?**

The Chi Alpha Epsilon(XAE) Epsilon Rho Chapter is an Honor Society at The College at Brockport that was chartered in 2008

### **What is XAE's purpose?**

XAE's purpose is to...

- Promote continued high academic standards
- Foster increased communication among its members
- Honor academic excellence achieved by those students
- To promote civic engagement through community involvement

### **Why should I become a member of XAE?**

- To have your outstanding academic achievements formally recognized and honored
- To motivate current and future EOP students to strive for high academic goals

### **How can I become a part of XAE?**

Students are eligible for this membership if they have maintained a cumulative grade point average of 3.00 or higher for the last two consecutive semesters

### **Who can I talk to if I have further questions about XAE?**

Feel free to contact Debra Joseph-McEwen, XAE Co-Advisor at (585) 395-5411 or  
[djosephm@brockport.edu](mailto:djosephm@brockport.edu)

### **ALSO....**

We encourage you to visit the Chi Alpha Epsilon Honor Society website at [www.xaehonor.com](http://www.xaehonor.com) to learn information about this organization.

*Now that you have answers to your questions regarding this awesome honor society....*

- *We challenge you to strive for academic excellence AND....*
- *We are looking for more active involvement from our EOP students!!!*

**Be on the lookout for information regarding the Fall 2015 Public XAE Induction Ceremony!!!! You don't want to miss it!!!**



Join us for  
**Homecoming and Family  
Weekend**

October 2-4, 2015

Our theme this year is

*A Ticket to Paradise*

We are expecting all EOP students to show up and be part of the EOP festivities in preparation of our float and representing the EOP Family in the Homecoming Parade!!! We need EVERYONE to make it work! "WE are EOP!" "We are Family!"

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**STUDENT PERSPECTIVE!**  
**Arlene Perez**

My name is Arlene Perez and I am currently a senior pursuing my bachelors in Social Work. My sophomore year of college, my sister introduced me to a non-profit organization called Management Leadership for Tomorrow. MLT is a non-profit organization that understands that what it takes to achieve success in the professional world is fundamentally different from what it takes to achieve success in the academic world. Therefore, MLT equips high potential minorities with the winning playbook and personalized coaching that allows them to reach their full leadership potential and maximize their community impact. The past 18 months have been very challenging, but I must say joining MLT has been the best decision of my life, because if it wasn't for this program, I would have never landed my summer internship.

This past summer I had the opportunity to intern for Target as a Store Executive Team Leader. As an ETL, I was in charge of managing a multimillion dollar Target store; overseeing the staffing, development and retention of over 300 employees, while ensuring great guest service. I absolutely loved my summer internship because I had a wonderful team that was genuinely invested in my personal and professional development.

# Career Corner

## Welcome!

Hello Scholars I would like to welcome back former students and welcome to first timers to an exciting new academic year. It is so wonderful to be back in full swing working with you. We at EOP are eager to help you in your success as you embark on your academic journey. Please remember to read the post and flyers around the EOP department. Many contain valuable information related to your success as a student. I will be working closely with the Career Center in an effort to make you aware of and become a part of the wonderful opportunities they have to offer. Remember to check the “Career Board” as it will be updated weekly with information to help you find jobs, internships, build your resume, and interview information. Here’s to a wonderful academic year. If you have any questions or suggestions related to career matters feel free to stop by my office, we look forward to your input. Thank you in advance.

Lisa Jones  
Graduate Counselor

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## Visit the

For **FREE** professional  
attire and accessories!!!

## Professional Clothes Closet

### It’s easy and convenient!

- Stop by Career Services Monday – Friday, noon – 3 pm to select your clothing.
- Check out the available inventory, including suits, blazers, blouses, ties, skirts, button-down shirts, pants,



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For more information contact [career@brockport.edu](mailto:career@brockport.edu) or call (585) 395-2159



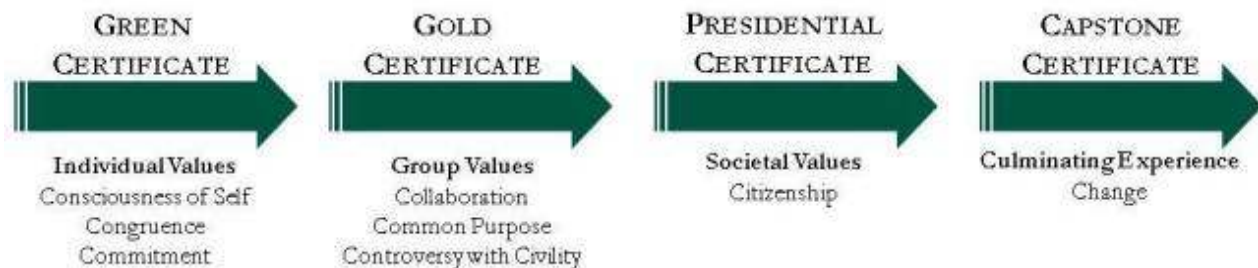
# The College at Brockport

## Leadership Development Program

Are you looking for ways to deepen your understanding of what it takes to be effective in a role of leadership and experiences/opportunities that will assist you in acquiring the skills and knowledge that will make you stand out above the rest?

The Leadership Development Program offers students the opportunity to engage in a variety of experiences that have been shown to have a significant impact on students' leadership development. The program utilizes the following methods to encourage leadership development in a diverse world:

- engaging **workshops** and seminars
- **mentoring** relationships with faculty, staff and students
- ongoing opportunities for **community service**
- **discussions** with peers about issues of diversity, privilege and social justice
- social **action** projects within the community
- annual leadership **conference**, planned by Capstone Certificate participants which allows students to
- develop relationships with Brockport **alumni** who serve as session presenters



Become a part of this dynamic program which engages nearly 400 students, 200 faculty, staff and alumni annually. Students who participate in the Leadership Development Program are shown to have significantly higher rates of experience with high impact practices and other indicators of student engagement, based on results from the National Survey of Student Engagement and Multi-Institutional Study of Leadership.

For more information and to register for the Leadership Development Program, please go to the Leadership Development Program's webpage at [www.brockport.edu/leadership/](http://www.brockport.edu/leadership/).





## EOP WOMENS SUPPORT GROUP

### E.B.O.N.Y

*EMPOWERING & STRENGTHENING TO  
EMPOWER WOMEN*

Are you looking for an opportunity to  
build your skills and enhance your re-  
sume?

## WE ARE LOOKING FOR LEADERS

Our First meeting will be held Tuesday September 22<sup>nd</sup> at 7:30 in the EOP computer lab. We are looking to fill the following positions: Vice President, Treasurer, Secretary, Publicist, Fundraising chair, Event Planning Chair.

For more information or questions Contact: DaNeille Kruger [dkruger@brockport.edu](mailto:dkruger@brockport.edu) or Sharde' Salters [spink1@u.brockport.edu](mailto:spink1@u.brockport.edu)

We are a support group for women, with the goal of establishing bonds, providing encouragement, and developing leadership skills for women, by women. It is up to us to motivate and empower each other, if we don't who will?

Do you have questions about a Career?  
Are you undecided or Unsure?

**EOP GPS can help!**

# Mentoring Program

Find your way!

Get valuable assistance from a professional in your field  
or field of interest.

Get a mentor

today!



For more information please contact  
DaNeille Kruger at 395-5443 or by email at  
[dkruger@brockport.edu](mailto:dkruger@brockport.edu)

**Attention December 2015 graduates and Alumni!!**  
**Looking to teach for the Rochester City School District?!**  
**Have a Bachelors degree? Become a Per Diem Substitute Teacher! Apply**  
**to become a substitute teacher without a certificate! Flexible schedule,**  
**work when you want to! Fill out an online application today!**  
<http://www.applitrack.com/rcsdk12/onlineapp/>

## Welcome to EOP's new Assistant Director, Sandra and new Graduate Counselors, Markus & Amber!



**Sandra S. Vazquez**, MEd., LMHC, has been an employee of the college since 2009. Sandra earned her Bachelor's Degree in Psychology and her Master's Degree in Counselor Education here at The College at Brockport. Sandra is a graduate of the EOP program and served as a Graduate Assistant while earning her Master's degree. Sandra has worked in various areas of mental health practice, and has completed the certification to be a trauma counselor, specializing in sexual assault related issues. In addition, she works with the Counselor Education Department as an adjunct professor and serves as the Board Chair for the Brockport Childcare Development Center, She is currently pursuing her Doctoral degree in Executive Leadership at St. John Fisher College. Sandra is from the Rochester, NY area and enjoys spending time with her family and friends.



Hello, my name is **Markus Allen Coward** I grew up in Southwest Virginia, bordering Tennessee, in a small coal-mining town called Big Stone Gap, with a Caucasian and Native American father and an African American mother. I moved to Tennessee for college, was a varsity cross-country runner, and graduated from East Tennessee State University with a bachelor's degree in criminal justice and human services. After college, I lived in Hawaii and moved to Rochester in 2014, to start the Greater Rochester Collaborative master of social work program sponsored by SUNY Brockport and Nazareth College. This year, I am currently interning with Catholic Family Services and working on my psychotherapy skills. I am interested in helping individuals overcome obstacles and be successful!



**Amber McAninch** is currently studying at the College at Brockport for her Master's in Public Administration. This is her first semester here at the College of Brockport. In 2013, she completed her Bachelor Degree at the University at Buffalo in Health and Human Services where she was an EOP student herself. She started out as a Pharmacy major, however learning that there was a path that could give her more human interaction and community involvement, she changed to the major that she now holds a degree in. She has lived in Lockport, NY her whole life and when she isn't studying, she is a volunteer at a community youth football program in Lockport, at which she is serving on the board of directors.

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**Rakov Building,  
Ground Floor**



EOP family member Phil Edwards is currently studying abroad in Thailand. He is really enjoying his hobby of photography. How would you like to have a view like this!

*Ask your counselor about  
Study Abroad today!*