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# This I Believe

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Dominique Adams

This I Believe Statement

*I believe in the little things.* The things that often go unnoticed. We seem to find ourselves looking for something spectacular but never take the time to sit back and think about what got us to where we are.

I remember a time when the only thing I could think about was when this spectacular moment would occur. Would it be when I get my first degree? Would it be when I get my first job? Or would it be when I first fell in love? It wasn't until recently that I realized that none of these moments could compare to the feeling I get when I think about the little things.

I spent this summer perusing an internship at a dinosaur center in the west. There was a day that we spent on the hill that could have potentially been my last. As rarely as it happens, a boulder fell from the top of the hill. The warning signs consisted of the sound of thumping from above and a coworker screaming to get up and run. But I didn't. I sat watching and waiting to see what would happen if I didn't move. I thought about how cool it would be to watch a boulder fall from above and see it land somewhere close by. Something as little as the thrill of watching it go by could keep me from moving. It's a good thing I did eventually move because not 10 seconds after I got up the boulder fell and bounced off of the cushion I was sitting on.

It was then that I started to think about the other little things that matter to me. The chance to play first base in my next softball game, the look on my parent's faces when they see me after three weeks, cuddling up with a good book and warm tea, and the taste of sweet tarts all came to mind. These are all things that make me who I am. I didn't think about when I graduated high school or the magic I felt when he told me loved me for the first time. Both are moments that could never be forgotten but also moments that wouldn't be my deciding factor. The little things are what should drive us to do what we do. Something big could happen at any moment, or never at all. After a while we learn to appreciate that the little things may be all that we have. I believe in the little things and the power they have to be the deciding factor in a big decision.