"The Achiever" September 2019

Dan B. Askey

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The Road Forward

Let me begin this by welcoming each of you to the beginning of what I hope to be a prosperous and successful new academic year. For our freshmen, I hope you are now settled in to your new room, new dorm and possibly new roommates. I also hope you have or are establishing a process, schedule, etc. that will allow you to earn “The Best Grade Possible,” in each course you are enrolled in. Now of course I also hope that all of you who are upperclassmen are doing the same. As I have always done in the past I want to remind each of you that your success is our success as well as your lack of success or failures is our failures as the EOP Program. I cannot stress enough to each of you just how important it is that you put forth all of your efforts to be as successful as possible in every course you are in this year. It’s not just about you or those of you who are here now, but also about the future EOP students, who are to come after you.

You need to utilize every source of assistance we have to offer, tutoring, reading, writing assistance and of course your assigned counselor. Now I won’t hold back if there’s anything we offer is not or does not help, please let me know so we can do something about it or them or even myself. We are only here because of you so I want to encourage you. Now let me make it clear I will do whatever it takes to help you be successful at The College at Brockport, whether you like it or not. I think each of you know that your success means a lot to me and the EOP staff. So let’s work together to make this semester the best EOP has ever had! If you agree with me step into my office and just shake my hand, give me a call or when you see me around campus just say, “I am with you!” Ok
Name: Michael Ampomah  
Year: Senior  
Major: Health Care Administration  
Minor: Computer Information Systems  
Minor: Psychology  

Michael Ampomah is currently a senior here at The College at Brockport. Michael currently has over a 3.0 GPA with a major in Health Care Administration and minors in Computer Information Systems and Psychology. Michael has worked with IT for the past four years and hopes to use his experience as he goes into his preferred profession as a Network Analyst for the New York State Department of Health. Upon graduation Michael wants to study abroad for a year and explore the world. Keep up the good work Michael! Congratulations Michael we in EOP are very proud!

Name: Judah Nietopski  
Year: Senior  
Major: History  
Minor: Political Science  

Judah Nietopski is a senior here at The College at Brockport. Judah currently has over a 3.4 GPA with a major in History and a Minor in Political Science. This summer Judah successfully completed his Emergency Medical Technician (EMT) course and has been hired as an EMT with Monroe Ambulance Transportation. From all of us in EOP, we congratulate you on your accomplishments! Keep up the good work and keep making us proud!

“Continue to strive, continue to have goals, continue to progress”

- Denzel Washington
IMPORTANT REMINDERS

GRADUATING SENIORS
Make sure to complete the application for graduation ASAP!
To complete the online Application for Graduation:
1. Go to Brockport Website
2. Go to Quick Links and then Web Banner
3. Log in the Campus Information System
4. Click Student Services
5. Click Student Records
6. Click Apply for Graduation
Complete the application and Submit

YOU MUST COMPLETE YOUR FAFSA APPLICATION. Here are the steps in doing so:
2. Log in with your FSA Username/Email and FSA Password (This should be saved as you will need it in the future)
3. Complete prompts by providing accurate information regarding personal/parental demographic and financial information.
4. YOU and YOUR Parent/Guardian need to SIGN YOUR FAFSA APPLICATION
5. Notify your EOP counselor once you have completed the FAFSA Application

INFORMATION THAT WILL HELP COMPLETE YOUR FAFSA
• 2018 Parental Tax Transcripts
• 2018 Student Tax Transcripts
• Personal W-2 Information
• Social Security Number (SSN)
• List The College at Brockport as your school using code: 002841

SEE MORE FINANCIAL AID INFO ON PAGE (4)

IMPORTANT DATES
FASFA 2020-2021 Application Process Opens......10/01/2019
Hispanic Heritage Month Celebration.....................10/04/2019
EOP Check Disbursement......................................10/10/2019
Mid-Semester Break.............................. ...........................10/14/2019

MOTIVATIONAL CORNER
You’ve go to get up every morning with determination if your going to go to bed with satisfaction”
- George Lorimer

Happy Hispanic Heritage Month!
Join us October 4th
Hispanic Heritage Month Celebration
On Friday October 4th EOP will be celebrating Hispanic Heritage Month. Our celebration will recognize the LATINX culture and the success they have achieved throughout their glorious history. We welcome you to join us in celebrating and enlightening others on what you’ve experienced with Hispanic heritage. As we teach you some of the history and traditions we know about the culture please bring your own stories and knowledge to increase awareness on Hispanic Heritage Month. The celebration will be accompanied with food from the Hispanic culture, fun games, prizes and empowerment at this annual event, so join us as EOP, ALAS and the Diversity Office seeks to promote diversity and the love for all cultures.
This is a very busy time of year and a very important time regarding your financial aid and personal finances. You need to start working on your 2020-21 FAFSA now. FAFSA and TAP applications become available on October 1, 2019. You will use the 2018 income information for you and/or your parents FASFA application. ALL 2020/21 FAFSAS MUST BE PROPERLY FILED BY DECEMBER 15, 2019. Your December EOP direct check will be blocked until you have submitted your FAFSA. You need to provide proof of FAFSA completion to your assigned counselor. Many of you may be considering getting a part time job. Please discuss this with your counselor. Employment can impact your financial aid, and also your ability to do well in your classes. You need to be conservative with any refund you have received including your EOP money. Do you really need that new pair of kicks? For those of you who currently have outstanding balances due to the college, you must really stay on top of your situation. Late charges will be applied to your account and a hold will be placed on your file. This hold will prevent you from registering for the spring term. Make sure your personal budgeting skills are finely honed. Be aware of any charges that occur on your student account. If you incur charges after you receive your refund, you must pay them. **EASY MONEY IS NOT FREE MONEY. IT IS A CHARGE ON YOUR BILL.** If you incur charges prior to receiving your refund, they will be deducted from your refund. If you do get a refund, it is very important that you confer with your counselor before you spend the funds. You will be held accountable for all dispensed funds for which you are ultimately not entitled. Please remember that your EOP counselor is here to help you navigate your way thru this most complicated of processes. If you receive any bmails regarding your account which you do not understand, share them with your assigned counselor. Now go and get to it!

Financial Knowledge is Key: Please Read and Review!

- Many of you may be considering getting a part time job. Please discuss this with your counselor. **Employment can impact your financial aid, and also your ability to do well in your classes.** You need to be conservative with any refund you have received including your EOP money. Do you really need that new pair of sneakers?

- For those of you who currently have outstanding balances owed to the college, you must really stay on top of your open accounts. **Late charges can accumulate** very quickly and you **face having a hold placed on your records** which among other things **will prevent you from registering for the upcoming fall term.** Always remember that there is a difference between financial need and financial desire. Make sure your personal budgeting skills are finely honed. Be aware of any charges you accrue on your student account.

- If you incur charges after you receive your refund, you must pay them.

- If you incur charges prior to receiving your refund, they will be deducted from your refund.

- If you do get a refund, it is very important that you confer with your counselor before you spend the funds.

- **You will be held accountable for all dispensed funds for which you are ultimately not entitled. Always remember that there are financial consequences to your actions.**

Please remember that your EOP counselor is here to help you navigate your way thru this most complicated of processes.
HEY DO YOU USE FACEBOOK???
GO CHECK OUT BROCKPORT’S EOP FACEBOOK PAGE!!!!

THIS WILL KEEP YOU UPDATED ON:

⇒ UPCOMING EVENTS
⇒ FINANCIAL INFORMATION
⇒ ALUMNI INFORMATION
⇒ CHECK DATES
⇒ CAREER/INTERNSHIP OPPORTUNITIES
⇒ TUTORING SERVICES
⇒ AND MUCH MORE

ALSO IF YOU KNOW ANY BROCKPORT EOP ALUMNI SEND THEM THE LINK TO FOLLOW AND RECEIVE UPDATES ON HOW THEY CAN GIVE BACK AND SHARE EXPERIENCES TO HAVE A POSITIVE IMPACT ON THE FUTURE

WHY STUDY ABROAD?
Personal Growth

GLOBALIZE YOURSELF
Take this opportunity to expose yourself to the world. Branch out and learn about different places, different cultures and people.

BROADEN YOUR EXPERIENCE
You will learn how your home country fits into humanity, and through the eyes of a different culture, you can more precisely reflect upon your own culture.

TAKE THE CHALLENGE
You’ll most likely return home a wiser individual and ready to face any future challenges head on.

Professional Growth

LOOK GREAT IN AN INTERVIEW
Employers are often looking for students who challenge themselves and learn from their experiences.

DISCOVER A NEW CAREER PATH
The experiences you take advantage of abroad can influence a newfound passion; which could influence your major or career path.

GAIN INTERPERSONAL SKILLS
Employers may be interested in your personal growth and interpersonal skills, so do not discount your abroad experience.

ARE YOU WORRIED ABOUT THE COST

ASK YOUR COUNSELOR ABOUT THE FOLLOWING SCHOLARSHIP OPPORTUNITIES:

- Benjamin A. Gilman International Scholarship
- David L. Boren Scholarship

Additional funding is available to all EOP students! Take the next step! Speak to your EOP counselor and contact the office of International Education today! 585-395-2119
Upcoming CAREER EVENTS

Decision Making 101: Planning for your future
RSVP for Event
Tuesday, October 1st 2019, 12:15 pm - 1:15 pm EDT
Location: Seymour Union 228

“Come meet with career services and participate in an interactive workshop to learn strategies for decision making that can assist you with the major and career exploration process.”

Building a Resume Through Exploration
RSVP for Event
Friday, October 4th 2019, 2:00 pm - 3:00 pm EDT
Location: Drake Memorial Library Room 30

“Sometimes the best way to find a career path is by trying new things. Career Services will teach you the basics of resume writing and help you identify new experiences to explore and gain experiences.”

Welcoming all athletes of EOP to come learn as well as share your experiences in efforts to receive and provide support academically, mentally, and emotionally for one another. Be a part of change!
Meetings every other Monday at 7 p.m. in TUTTLE NORTH 221 BE THERE!

All discussions will be led by:
Kevon London-Hill

585-395-2547 Ext. 5643
Klondonhill@brockport.edu
Attention ALL! Upcoming CAREER EVENTS

Careers In Aging Services  
RSVP for Event  
Friday, October 4th 2019, 2:30 pm - 3:30 pm EDT  
Location: Albert Brown Building 2nd Floor Conference Room

“All service-providing industries including health care, housing, financial/legal services, advertising, fitness/wellness, and many other industries. Learn about careers in aging from the leader of Lifespan which offers over 30 services to 40,000 older adults across the region.”

Decision Making 101: Planning for your future  
RSVP for Event  
Friday, October 11th 2019, 3:30 pm - 4:00 pm EDT  
Location: Seymour Union 209

“Come meet with career services and participate in an interactive workshop to learn strategies for decision making that can assist you with the major and career exploration process.”

Decision Making 101: Planning for your future  
RSVP for Event  
Tuesday, October 22nd 2019, 12:15 pm - 1:15 pm EDT  
Location: Seymour Union 228

“Come meet with career services and participate in an interactive workshop to learn strategies for decision making that can assist you with the major and career exploration process.”
EOP’s One-on-One Peer Tutoring Program provides students the opportunity to receive individualized tutorial support through being matched with a peer fellow who in many instances has had the same professor, and who has received a superlative grade in the specific subject content area in which the student requires additional help. This tutorial support program not only aids students in being academically successful, but also in acquiring and developing study skills, strategies and techniques to employ across subject content areas, throughout their academic experience and beyond.

The supports of this program are designed to address the academic needs of the student and tailored to accommodate both the schedules of the student and tutor, thus allowing for the student to meet their assigned tutor(s) as needed to maximize on their learning potential within the sessions and their academic success within their courses.

WHY GOOD GRADES ARE IMPORTANT. We live in a world with a highly competitive job market. Your grades can make the difference in your being selected for that job/career you are pursuing or being accepted for admittance into the graduate program/school of your choice. You want to stand out and above the rest.

Don’t settle for mediocrity. Get the support you need to be all you can be academically. See your counselor, read and complete that tutoring form, submit it in person to Lisa Jones (EOP Academic Coordinator).

WRITING SPECIALIST

Having trouble with writing in your courses? Don’t worry our writing specialist Taylor Thompson is the person for you. Taylor encourages our EOP Students to take advantage of her writing workshops and is constantly looking to help students improve their writing skills. As we continue on through the semester, assigned papers and essays will arise. Please take advantage of this tremendous resource for continued success in your individual courses.

Location & Hours:
Mondays and Fridays ASC Brown 184
Tuesdays, Wednesday, Thursdays:
Rakov G8 8:00 - 4:00 pm daily
Nursing Support Group Fall 2019

The EOP Nursing Support Group is up and running:

Join Us Fridays
October 4th*
October 18th
November 1st

Meetings will be held in
Lathrop G32 from 3:30-4:30pm
*all meetings are mandatory

Topics to include:
♦ Pre-registration/prerequisites
♦ Advisement
♦ Applying to the Nursing Program
♦ Alternatives to Nursing

Fall 2019 meetings are scheduled for Fridays 10/4, 10/18, 11/1, 11/15 and 12/6. You will not want to miss these informative meetings. Learn about what is takes to apply to the nursing program from already accepted students. Nursing department staff, advisors, and students will be on hand to answer any questions you may have. Attendance in the nursing support group is MANDATORY for all nursing intents and will be taken into consideration when applying to the nursing program. All meeting are held in Lathrop G32, see you there!

Contact: Lisa Jones, Academic Coordinator, EOP, lijones@brockport.edu
SPOOKY SEASON IS UPON US
BUT REMEMBER...

- DON’T BE AFRAID TO SIGN UP FOR A TUTOR IF YOU NEED HELP IN A COURSE!

- HAVING TROUBLE WITH THAT PAPER? AFRAID YOU MIGHT DO BAD? STOP RIGHT NOW AND MAKE AN APPOINTMENT WITH TAYLOR THOMPSON OUR WRITING SPECIALIST!

- NOT SURE ABOUT YOUR CAREER PATH, DON’T DROWN IN UNCERTAINTY, MEET WITH YOUR COUNSELOR AND DISCUSS YOUR THOUGHTS. MEET WITH CAREER SERVICES. DON’T LET UNCERTAINTY SPOOK YOU, TAKE AN INITIATIVE NOW!

- HAS STUDY ABROAD EVER CROSSED YOUR MIND BUT YOU ARE UNSURE BECAUSE NO ONE YOU KNOW IS DOING IT? DON’T BE AFRAID OF TRYING SOMETHING NEW, TAKE THE LEAP AND SEE WHAT OUR WORLD HAS TO OFFER!
CONGRATULATIONS

Gina Gonzales

Gina Gonzalez is a senior here at The College at Brockport majoring in Criminal Justice. Gina was recently awarded The Maureen Casey Scholarship Award. To receive this award a student must have achieved at least a 3.25 GPA, or demonstrate strong leadership skills through service to their school and/or community. Recipients must also be in the Criminal Justice field. Gina fulfilled all of these requirements. Congratulations Gina keep going and keep striving for success.

On Being Awarded
The Maureen Casey Scholarship
Join us in celebrating and acknowledgement of Hispanic Heritage Month from September 15th through October 15th