Brockport Believes Essay Project

March 2015

This I Believe

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Recommended Citation

Slowik, Jenna, "This I Believe" (2015). *Brockport Believes Essay Project*. 57.
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"Everything will be okay in the end". I still remember the exact moment that my dad told me this. I was only a little girl in elementary school going through something that at the time was very terrible. My dad and I were walking in a parking lot when he said this to me and ever since then it has stuck in my mind and has been something I strongly believe in.

Since that one day which was many years ago, through every hardship I've encountered, I tell myself this statement over and over again. Any problem, big or small, what my dad told me helps me out a lot and makes me feel better when I feel like the whole world is against me. I have my dad to thank for every adversity I have encountered in the past.

Family is something I hope everyone holds close to their heart. Whenever things get tough, your family is going to be the ones there for you. I am the oldest of three girls' teenage girls so believe me when I say that I understand there are going to be times when it seems like the people in your family are the worst people in the world but at the end of the day, they will have your back above anyone else.

It's the little things in life that truly matter the most. My dad telling me this wasn't some big dramatic situation, it was just a small little thing that he said. That proves to me that like I said, the little things matter the most especially coming from your family and loved ones.