

11-2-1992

Revision of Physical Education / Sport

The College at Brockport, College Senate

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President _____

Faculty Senate

Resolution #2 1992-93

TO: President John E. Van de Wetering

FROM: The Faculty Senate Meeting on 11-2-92
(Date)

RE: I. Formal Resolution (Act of Determination)
II. Recommendation (Urging the fitness of)
X III. Other (Notice, Request, Report, etc.)
For your information

SUBJECT: Revision of Physical Education and Sports Program

Signed *William Albert* Date Sent 11-7-92
(For the Senate)

.....

TO: The Faculty Senate

FROM: President John E. Van de Wetering

RE: I. Decision and Action Taken on Formal Resolution

- a. Accepted. Effective Date Full 93
- b. Deferred for discussion with the Faculty Senate on _____
- c. Unacceptable for the reasons contained in the attached explanation

II, III.

- a. Received and acknowledged
- b. Comment:

DISTRIBUTION: *Low page only - to attached list*
Contact Faculty Senate for full
Resolution

Distribution Date 11/11/92 Signed: *[Signature]*
(President of the College)

DEPARTMENT OF PHYSICAL EDUCATION AND SPORT
PROPOSED CURRICULUM REVISIONS

September 1991

Introduction

To strengthen the curriculum in the major, teacher certification and coaching programs in the Department of Physical Education and Sport several committees studied the present programs, determined areas to be improved and recommended changes.

Those changes are presented in the following pages. We believe the revisions keep us current with developments in the field of physical education, bring content and credits into a fairer relationship for the students, and remain feasible in relation to available resources.

THE PHYSICAL EDUCATION MAJOR

33 CREDITS

REVISED SEPTEMBER 1991

To strengthen the major the following changes are recommended:

1. Elimination of the introductory course, including the computer component.
2. Addition of one credit to each of the six required perspective courses resulting in an increase of the total credits in the major from 31 to 33.
3. Shift of Motor Learning from required to elective status.
4. Limit to one the number of major courses which can be required from the elective pool in a career concentration sequence.
5. Simplification of course titles aligning the designations with those in the profession in general.

The chart below contrasts the current major with the proposed program.

THE MAJOR
(31 Credit Hours)

Existing Program

- | | | |
|---|---------|-------------------------------|
| 1. <u>PERSPECTIVES</u> (courses should be taken in pairs as they are grouped below) | | 14 credits
<u>required</u> |
| _PES 284 Intro to Physical Education & Sport | 2 cr. | |
| _PES 310 Physiological Perspective of Sport and Exercise* AND | 2 cr. | |
| _PES 320 Kinesiological Perspective of Sport and Exercise* | 2 cr. | |
| _PES 330 Psychological Perspective of Sport, Play and Exercise AND | 2 cr. | |
| _PES 340 Sociocultural Perspective of Sport, Play and Exercise | 2 cr. | |
| _PES 350 Historical Perspective of Western Sport, Play and Exercise AND | 2 cr. | |
| _PES 360 Philosophical Perspective of Sport Play and Exercise | 2 cr. | |
|
 | | |
| 2. <u>PERFORMANCE/THEORY</u> | | 8 credits
<u>required</u> |
| _PES 369 Motor Learning | 2 cr. | |
| _PES 3XX Advanced Performance | 3 cr. | |
| _PES 3XX Advanced Performance (not in same sport) | 3 cr. | |
|
 | | |
| 3. <u>ELECTIVES</u> | | 9 credits
<u>required</u> |
| _PES 399 Independent Study | 1-3 cr. | |
| _PES 410 Physiology of Sport | 3 cr. | |
| _PES 411 Introduction to Sports Medicine | 3 cr. | |
| _PES 413 Movement and Human Growth & Development | 3 cr. | |
| _PES 420 Biomechanics | 3 cr. | |
| _PES 430 Psychology of Sport | 3 cr. | |
| _PES 432 Achieving Peak Performance | 3 cr. | |
| _PES 440 Sociology of Sport | 3 cr. | |
| _PES 442 Sport Under Communism | 3 cr. | |
| _PES 444 The Anthropology of Sport | 3 cr. | |
| _PES 445 Social Psychology of Sport | 3 cr. | |
| _PES 446 Sports Spectating | 3 cr. | |
| _PES 460 Ethics of Sports Contests | 3 cr. | |
| _PES 475 Honors - Performance | 3 cr. | |
| _PES 490 Physical Education Exchange Program | 15 cr. | |
| _PES 495 Problems in Physical Education | 1-3 cr. | |
| _PES 499 Independent Study | 1-3 cr. | |

THE MAJOR
(33 credit hours)

Proposed Revision

Perspectives

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PES 310 Physiology of Exercise I	3
PES 320 Kinesiology	3
PES 330 Psychology of Sport I	3
PES 340 Sociology of Sport I	3
PES 350 History of Sport, Play and Exercise	3
PES 360 Philosophy of Sport, Play and Exercise	3

Performance

6

PES 3XX Advanced Performance	3
PES 3XX Advanced Performance	3

Electives

9

PES 399 Independent Study	1-3
PES 410 Physiology of Exercise II	3
PES 411 Introduction to Sports Medicine	3
PES 413 Human Growth and Development	3
PES 420 Biomechanics	3
PES 430 Psychology of Sport II	3
PES 440 Sociology of Sport II	3
PES 442 Sport Under Communism	3
PES 444 Anthropology of Sport	3
PES 445 Social Psychology of Sport	3
PES 446 Sports Spectating	3
PES 460 Ethics in Sports Contests	3
PES 469 Motor Learning	3
PES 475 Honors Performance	3
PES 490 Physical Education Exchange Program	15
PES 495 Problems in Physical Education	1-3
PES 499 Independent Study	1-3

TEACHER CERTIFICATION PROGRAM

(43 Credits)

Revised September 1991

To strengthen the professional program (teacher certification) the following changes are recommended:

1. A reorganization of content eliminating the generic Instruction in Physical Education and creating or strengthening separate 3-credit courses in secondary and elementary methods (the "Professional Sequence" remains 24 credits).
2. Elimination of PES 420 as a "Required Academic Major Elective";
3. Creation of a 5-credit elective pool allowing students additional work in an area of personal interest (e.g., coaching, aquatics, adapted physical education, dance).
4. A total increase of two credits over the existing program.

The programs are contrasted on the following pages.

EXISTING PROGRAM

PROFESSIONAL PROGRAM

	<u>CREDITS</u>
I. Prerequisite	
HLS 211 First Aid	2 cr.
HLS 370 Drug Education for Teachers	1 cr.
II. Skill Performance Requirement	8 cr.
III. Required Academic Major Electives	
PES 420 Biomechanics	3 cr.
PES 413 Human Growth and Development	3 cr.
Professional Sequence	
Sem I PEP 341 Instruction in Physical Education	3 cr.
Sem II PEP 342 Elementary Physical Education/Field Experience	2 cr.
PEP 344 Special Physical Education/Field Experience	2 cr.
Sem III PEP 345 Curriculum/Secondary Field Experience	3 cr.
Sem IV PEP 345 Measurement & Evaluation Seminar	2 cr.
PEP 476 Coaching Seminar	2 cr.
PEP 478 Student Teaching/Coaching Practicum	10 cr.
	24 cr.

REVISED PROGRAM

TEACHER CERTIFICATION

(43 Credits)

PROFESSIONAL REQUIREMENTS

The certification student may gain professional competencies through enrollment in a sequence of courses offered in the Competency Based Teacher Education Program. A student will complete 43 hours of course work in order to meet all the competencies.

- I. Co-requisite
 - HLS 211 First Aid (2 cr.)
 - HLS 370 Drug Education for Teachers (1 cr.)
 - PES 413 Human Growth and Development (3 cr.)

- II. Professional Sequence
 - PEP 441 Curriculum in Physical Education (2 cr.)
 - PEP 442 Secondary Instruction and Methods (3 cr.)
 - PEP 443 Measurement and Evaluation (2 cr.)
 - PEP 444 Elementary Instruction and Methods (3 cr.)
 - PEP 445 Adapted Physical Education (2 cr.)
 - PEP 476 Teach/Coach Seminar (2 cr.)
 - PEP 478 Student Teach/Coach 10 cr.

- III. Skill Performance Requirement
 - Aquatics (1 cr.)
 - Dance (1 cr.)
 - Gymnastics (1 cr.)
 - Individual Indoor (1 cr.)
 - Individual Outdoor (1 cr.)
 - Racquet (1 cr.)
 - Team Indoor (1 cr.)
 - Team outdoor (1 cr.)

IV.

ELECTIVES

(Selected following advisement)

Each student is required to select a minimum of five (5) credit hours from the list of courses below. It is the intent of these options that the student be allowed opportunities to pursue special areas of interest and/or to develop new strengths in areas of limited experience.

PEP 276 Softball Officiating	2 cr.
PEP 281 Water Safety Instructor	2 cr.
PEP 282 Lifeguard Training	2 cr.
PEP 351 Coaching Sports	3 cr.
PEP 3XX Coaching Clinic(s)	1 cr.
PEP 353 Administration of Intramurals	3 cr.
PEP 400 Microcomputers in Sport and Physical Education	3 cr.
PEP 481 Instructional Strategies in Adapted Physical Education	3 cr.
PEP 482 Adapted Physical Activity and Sport	3 cr.
PEP 485 Adapted Physical Education Practicum	
PEP 399 Independent Study	1-3 cr.
PEP 499 Independent Study	2 cr.
DNS 482 Teaching Dance at the Secondary Level	3 cr.
DNS 484 Methods of Teaching Dance in Elementary Level	3 cr.

ADVISEMENT NOTES

Courses in the professional program are taken concurrently with courses in the major and performance areas.

PES 413 is a corequisite to PEP 445.

PEP 476 and 478 are taken concurrently at designated off-campus teaching centers established by the teacher certification faculty.

PERFORMANCE COMPETENCY REQUIREMENTS

To be admitted to the student teaching course (PEP 478) all teacher certification candidates must have demonstrated the required breadth and depth of competencies at an acceptable quality level. A total of eight competencies in eight different activities is required. These eight competencies must include at least one in each of the eight performance categories and must be different than those activities taken at the advanced level in the major. (In essence, students will have at least intermediate ability in 10 different performance areas prior to student teaching: One from each of the eight intermediate-level performance categories plus two advanced-level classes in the major.)

In courses completed to fulfill these eight performance competencies, the quality of acceptable competency must reach a 2.5 grade point average.

There are several ways to achieve these competency requirements. The eight intermediate competencies are fulfilled in one or more of the following ways:

1. Satisfactory completion (C or better grade) in intermediate course at Brockport.
2. Participation as an athlete for one full season as a member of a collegiate varsity athletic team.
3. Competency evaluation examination, skills and knowledge, by a Brockport professor authorized to provide such examinations.
4. Current and valid certification by recognized outside authority (e.g., American Red Cross WSI, American Bowling Congress brevet, etc.).
5. Evaluation of intermediate course work taken at a college other than Brockport.

COACHING MINOR

The coaching concentration has been revised and upgraded to a minor in coaching athletics. The program continues to exist primarily for the nonphysical education major.

The student who completes the program will be much more thoroughly prepared to coach effectively. Content in PEP 351, 352 and 354 has been revised. Both PEP 352 and 354 have been expanded, respectively to provide a more thorough scientific foundation to the coaching act and to afford more depth in the practicum experience.

In the revised program, the student will study how to coach specific sports in the coaching clinics. The prospective coach will also need to be a competent performer at the advanced level in the sport that person prefers to coach.

Finally, CPR has been added to the requirements, joining first aid to prepare the student to provide appropriate emergency care to an athlete.

REVISED COURSES

COURSE DESCRIPTIONS

PEP 351 Coaching Sports

Rules, duties, legal aspects and administrative methods of coaching an athletic team; the philosophies, methods and strategies involved in coaching.

3 semester hours

PEP 352 Scientific Foundations of Coaching

A course for the non-physical education major who wishes to develop a beginning understanding of the scientific foundations of coaching athletic teams. Included within this course will be exposure to the biological sciences, the psychosocial aspects of sport as well as growth and development of athletes.

3 semester hours
Prerequisite PEP 351

PEP 361
(sample) Coaching Basketball

Course is designed for individuals interested in coaching basketball. Consists of essential offensive, defensive and special situation strategies, factors in seasonal planning and basic skill analysis.

1 semester hour
Prerequisite PEP 351

PEP 354 Coaching Practicum

Performing as a member of a coaching staff in the role of student-coach for one season

3 semester hours
Prerequisites PEP 351, 352 and coaching clinics or instructor's permission

(Handbook Material)

MINOR IN COACHING ATHLETICS

The regulations of the Commissioner of Education of the New York State Education Department require individuals who coach an interscholastic athletic team to complete an approved program for coaches prior to or within the first three years of their employment. (A valid first aid certificate is required for initial employment.)

The Brockport coaching minor fulfills this requirement and also provides greater depth in preparation for prospective coaches in schools, sports clubs, community programs, colleges or other athletic organizations.

<u>Required Courses</u>	<u>Semester Hours</u>
PEP 351 Coaching Sports	3
PEP 352 Scientific Foundations of Coaching	3
PEP 3XX Coaching Clinic (3 required)	3
PES 3XX Advanced Performance	3
HLS 211 First Aid	2
HLS 212 CPR	1
PEP 354 Coaching Practicum	3
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COACHING MINOR
FOR NONPHYSICAL EDUCATION MAJORS

<u>Existing Concentration</u>	<u>Hours</u>	<u>Proposed Minor</u>	<u>Hours</u>
PEP 351 Coaching Sports	3	PEP 351* Coaching Sports	3
PEP 352 Conditioning Program in Athletics	1	PEP 352** Scientific Founda- tions of Coaching	3
PEP 343 Teaching Clinic	1	PEP 3XX** Coaching Clinics (3 clinics required)	3
PEP 354 Coaching Practicum	2		
HLS 211 First Aid (or First Aid Certification)	2	PES 3XX Advanced Performance	3
		HLS 211 First Aid	2
		HLS 212 CPR	1
		PEP 354* Coaching Practicum	3

*Course Content Revised

**New Course