

5-1-2006

## Physical Education: Kinesiology

The College at Brockport, College Senate

Follow this and additional works at: [https://digitalcommons.brockport.edu/senate\\_resolutions](https://digitalcommons.brockport.edu/senate_resolutions)



Part of the [Higher Education Commons](#)

---

### Repository Citation

The College at Brockport, College Senate, "Physical Education: Kinesiology" (2006). *College Senate Resolutions*. 1340.  
[https://digitalcommons.brockport.edu/senate\\_resolutions/1340](https://digitalcommons.brockport.edu/senate_resolutions/1340)

This Resolution is brought to you for free and open access by Digital Commons @Brockport. It has been accepted for inclusion in College Senate Resolutions by an authorized administrator of Digital Commons @Brockport. For more information, please contact [kmyers@brockport.edu](mailto:kmyers@brockport.edu), [digitalcommons@brockport.edu](mailto:digitalcommons@brockport.edu).

# SUNY BROCKPORT

College Senate  
State University of New York College at Brockport  
3 New Campus Drive  
Brockport, NY 14420-2925  
(585) 395-2586 (Fax) 395-2246

Resolution # 29  
2005-2006

## COLLEGE SENATE

TO: Dr. John R. Halstead, College President

FROM: The College Senate passed: May 1, 2006

RE: ⇨ I. Formal Resolution (*Act of Determination*)  
II. Recommendation (*Urging the Fitness of*)  
III. Other, For Your Information (*Notice, Request, Report, etc.*)

SUBJ: **Physical Education: Kinesiology #44 05-06 UC**

Signed:   
(Dr. Mark Noll, 2005-2006 College Senate President)

Date: 5/4/06

**Please fill out the bottom portion and return document to the College Senate Office.**

TO: The College Senate

FROM: College President

RE: ⇨ I. Decision and Action Taken on Formal Resolution (circle)

a. Accepted. Resolution Effective Date: \_\_\_/\_\_\_/\_\_\_

b. Deferred for discussion with the Faculty Senate on \_\_\_/\_\_\_/\_\_\_

c. Unacceptable for the reasons contained in the attached explanation

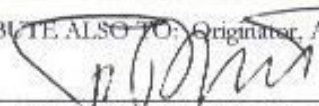
II, III. Response to Recommendation or Other/FYI

a. Received and acknowledged \_\_\_/\_\_\_/\_\_\_

b. Comment: \_\_\_\_\_

DISTRIBUTED BY PRESIDENT'S OFFICE TO: President's Cabinet

DISTRIBUTE ALSO TO: Originator, Academic Advisement, Registrar (as appropriate)

Signed:   
(Dr. John R. Halstead, College President, SUNY College at Brockport)

Date: 5/16/06

**COLLEGE SENATE OFFICE  
RESOLUTION PROPOSAL COVER  
PAGE**

<b>Routing Number</b>	<b>#44 05-06 UC</b>
-----------------------	---------------------

ROUTING NUMBER TO BE ASSIGNED BY SENATE OFFICE

**DEADLINE FOR SUBMISSIONS: FEBRUARY 23**

Proposals received after the deadline may not be reviewed until next semester.

**INSTRUCTIONS:**

- Submit proposals individually rather than packets with multiple documents.
- Complete this cover page for each proposal (available online at [www.brockport.edu/collegesenate](http://www.brockport.edu/collegesenate))
- Prepare proposal in Word format using committee guidelines (available online)
- Submit proposal electronically with this cover page to [senate@brockport.edu](mailto:senate@brockport.edu), [facprez@brockport.edu](mailto:facprez@brockport.edu)
- All updates must be resubmitted to the Senate office with an updated cover page, use routing number
- Questions? Call the Senate office at 395-2586 or the appropriate committee chairperson.

**1. PROPOSAL TITLE:**

Please be somewhat descriptive, for example, *Graduate Probation/Dismissal Proposal* rather than *Graduate Proposal*.

**Changing the name of the liberal arts major in Physical Education to Kinesiology**

**2. BRIEF DESCRIPTION OF PROPOSAL:**

**The proposal includes a name change (from Physical Education to Kinesiology) for the liberal arts major in Physical Education and minor changes in course selection. A new required course increases the total credit hours from 33 to 34.**

**3. SUBMISSION & REVISION DATES: PLEASE DATE ALL UPDATED DOCUMENTS**

First Submission	Updated on	Updated on	Updated on
February 23, 2006	March 10, 2006	March 27, 2006	

**4. SUBMITTED BY: (contact person)**

Name	Department	Phone	Email
<b>Dr. Susan Petersen Chair</b>	<b>Physical Education and Sport</b>	<b>585-395-5341</b>	<b>speterse@brockport.edu</b>

**5. COMMITTEES TO COPY: (Senate office use only)**

Standing Committee	Forwarded To	Date
___ Enrollment Planning & Policies ___ Faculty & Professional Staff Policies ___ General Education & Curriculum Policies ___ Graduate Curriculum & Policies ___ Student Policies <b>xx Undergraduate Curriculum &amp; Policies</b>	Committee Chair	<b>3/1/05, 3/30/06</b>
	Executive Committee	<b>4/10/06</b>
	Senate Floor	<b>4/17/06 - vote 5/1/06</b>
	College President	
	Other	

\*(ROUTING NUMBER WILL BE A CHRONOLOGICAL NUMBER SEQUENCE FOLLOWED BY COMMITTEE INITIALS)

## 1. General Information

Name of the program: Major in Kinesiology  
Name of the Award: Bachelor of Science Degree in Kinesiology  
SED Program Code Number: 0835.01

The program does not lead to teacher certification or New York State licensure

## 2. Rationale for the Change

A name change is proposed from Physical Education Liberal Arts to Kinesiology. Additionally, a revision of the course of study in Kinesiology is proposed and represents a significant improvement over the current Physical Education Liberal Arts curricular model. The course of study in Kinesiology represents a more comprehensive treatment of disciplinary knowledge and understandings associated with human movement. Specifically, the newly constituted major in Kinesiology includes all of the following academic perspectives: philosophical, physiological, kinesiological/biomechanical, psychological, and sociological. At the same time, the major in Kinesiology remains strongly committed to human motor performance as evidenced by the advanced sport performance requirement.

**The proposed major in Kinesiology eliminates two courses (PES 315 Fitness for Healthful Living and PES 325 Kinesiological Bases for Exercise and Sport) from the required academic core. In their place, the revision adds a new course PES 3XX Kinetics of Exercise and Sport, two revised courses, namely PES 349 Motor Learning, and PES 430 Foundations of Sport and Exercise Psychology, and PES 441 Sport and Society, a current elective offering. These proposed modifications, better reflect the foundational discourses which currently constitute the study of human movement. In addition to the required academic core, the student must take four upper-division level liberal arts electives in the Department to complete the eleven courses to complete the major in kinesiology.**

The name change from Physical Education Liberal Arts to Kinesiology and the curricular revision will make SUNY Brockport far more competitive in the market place. Its closest competitors have already moved in this direction. Moreover, the proposed changes should prove especially attractive to our traditional clientele as well as students who want to be on the cutting edge of the profession.

The specific changes for the revised major are outlined in the following paragraphs.

**PES 3XX Kinetics of Sport and Exercise** (new class) replaces PES 325

Currently, students take 11 credits of the anatomical sciences, i.e. BIO 221 Anatomy & Physiology (4 credits), PES 335 Kinesiology (4 credits), and PES 420 Biomechanics (3 credits). The new three credit class combines content in Kinesiology and Biomechanics in a theory-based yet practical fashion. More specifically, the class involves the study of the mechanical basis of movement in sport and exercise, with applications of kinesiological and biomechanical principles to (1) the acquisition of basic motor skills; and (2) the concepts and strategies related to skillful movement and physical activity. The course includes the description and demonstration of the skeletal and neuromuscular structures of the human body in order to identify how these systems contribute to skillful movement and fitness.

**PES 439 Motor Learning (previously registered class, content and credit change) replaces PES 345**

PES 439, previously offered as a two credit course, has been changed to 3 credits. The course focuses on learning motor tasks from a problem based approach. The emphasis is placed upon

<b>Current Program</b>	
<b>Required Core</b>	<b>Cr</b>
PES 305 Significance of Physical Activity	3
PES 315 Fitness for Healthful Living	3
PES 325 Kinesiological Bases for Exercise and Sport	4
PES 335 Physiological Basis for Exercise and Sport	4
PES 345 Skill Acquisition and Performance	4
PES 3XX Advanced Performance	3
<b>Total</b>	<b>21</b>
<b>Electives</b>	
4 Electives PES 3/4XX	<b>12</b>
<b>Grand total</b>	<b>33</b>

<b>Proposed Program</b>	
<b>Required Core</b>	<b>Cr</b>
PES 305 Significance of Physical Activity	3
	-
PES 3XX Kinetics of Sport and Exercise	3
PES 335 Physiological Basis for Exercise and Sport	4
PES 439 Motor Learning	3
PES 3XX Advanced Performance	3
PES 430 Foundations of Sport and Exercise Psychology	3
PES 441 Sport in Society	3
<b>Total</b>	<b>22</b>
<b>Electives</b>	
4 Electives PES 3/4XX	<b>12</b>
<b>Grand total</b>	<b>34</b>

relevant concepts in motor learning and how they apply to teaching, coaching, and rehabilitation settings. Students apply motor learning concepts and principles to motor skill acquisition and learn how to schedule practices that optimize performance.

**PES 430 Foundations of Sport and Exercise Psychology** (previously registered class, content change)

PES 430 Examines psychological concepts, research and theories in relation to sport and exercise participation. The course also studies individual and environmental factors affecting the performance and experience of athletes and exercisers. It familiarizes students with several aspects of psychological skills training (goal-setting, self-confidence, arousal regulation, imagery and concentration), as well as how motivation, cognition and affect influence psychological well-being in sport and exercise settings.

**PESP 441 Sport in Society** (previously registered class)

PES 441 investigates the linkage between sport and society from a sociological perspective. The sport-society nexus is examined using functionalist, conflict, critical and feminist theoretical frameworks. Organized around several intellectual discourses (e.g., gender and sport, race/ethnicity and sport, social class and sport), sport is analyzed and discussed within multiple social and cultural contexts (e.g., youth sports, high school sports, college sports, professional sports). Students are challenged to discover how the sport institution can be made more democratic, just, and accessible to all.

**3. Curriculum outline of the current program and of the proposed revised curriculum**

**4. Course outlines for new courses.**

Please see attached course outlines

Prerequisites:

BIO 221 Survey of Anatomy and Physiology for PES 3XX Kinetics of Sport and Exercise and  
PES 335 Physiological Basis for Exercise and Sport.

*PES 3XX Kinetics of Sport and Exercise*

Prerequisites: Bio 221 Survey of Anatomy and Physiology  
Course offered: Every semester  
Instructors: Drs. Danny Too and Chris Williams  
Faculty Rank: Associate Professor (both)  
Status: Full Time

**5. No new faculty are required.**

**6. No additional costs are incurred**

**7. Effective Date of the change in the program: Fall 2007**