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Self-Love

Kiara Alfonseca

The College at Brockport, kalfons@u.brockport.edu

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Self-Love

Stand up tall, dear,
flowers will grow up your spine,
sunflowers and daisies
will wrap around your bones
and hug you with life.
If you swipe each falling teardrop,
faithfully,
they will fall to the floor
and open giant rivers
that will flow through your soul
and cleanse you.
If you play each sob of sadness
like an instrument of happiness,
the melody will fill you,
the harmony will soothe you,
and mother nature will follow your path
with blankets of sunshine
mimicking the light within you.

Kiara Alfonseco